

SREE AYYANAR TRADERS
GRAND Opening
BEST PRICE

SHOP NO. 12, SHIVANAND SWAMINATHAN COMPLEX, BHAKTAPUR, PORT BLAIR
Ph: 9796115997 / 9846054014 / 9895252585 / 9796096467

Apollo Clinic
Expertise. Closer to you.

GARACHARMA, PORT BLAIR

Thought for today
Tears of love do not cause sorrow, they become Pearls.

Last date for IGNOU Admission extended

Port Blair, Oct. 21: The last date for Fresh Admission for PG and UG Programmes (except certificate and semester-based Programmes) in Indira Gandhi National Open University's for July 2022 session is further extended upto 27th October, 2022. For Online admission, please log on - <https://ignouadmission.samarth.edu.in>. For more details, visit IGNOU Website - www.ignou.ac.in or for See... Page No. 02

Commuters grouse over lack of basic amenities in MV Dering

:: AE Correspondent ::
Port Blair, Oct 21: While shipping services are considered as the lifelines in the Andaman & Nicobar Islands, the unprofessional manner of handling this vital sector has been drawing flak for the Shipping department of the administration. Passenger complaints that most of the ships/boats operated by the Directorate of Shipping Services are aged and in very bad conditions. Though, the Shipping department have procured two new vessels MV Sindu and MV Nalanda, most of the ships/boats in the fleet are outlived their service period and are operated in a bad condition. People living in outer islands are totally dependent on the boat journey and the bad condition of the boats operated by the DSS has made them suffer while undertaking boat travels. Most of the people in North Andaman prefer boat travels due to the pathetic condition of NH-4 roads. According to sources, the service of MV Dering is used between Port Blair and Diglipur. However, lack of basic amenities in the vessel has resulted in passengers new vessels MV Sindu and MV Nalanda, most of the ships/boats in the fleet are outlived their service period and are operated in a bad condition. People living in outer islands are totally dependent on the boat journey and the bad condition of the boats operated by the DSS has made them suffer while undertaking boat travels. Most of the people in North Andaman prefer boat travels due to the pathetic condition of NH-4 roads. According to sources, the service of MV Dering is used between Port Blair and Diglipur. However, lack of basic amenities in the vessel has resulted in passengers

See... Page No. 02



MP requests LG to introduce new undergraduate courses in MGCC, Mayabunder

Port Blair, Oct 21: The Member of Parliament of Andaman and Nicobar Islands, Shri. Kuldeep Rai Sharma has requested the Lt. Governor, Andaman and Nicobar Islands to introduce some more Under Graduate courses like Physical Education, Computer Science, Mathematics, Chemistry, Physics, Microbiology, Forestry and Fisheries to maximise the chance of North and Middle Andaman Students to get employment in high places of local, national and international level. In a letter addressed to the Lt. Governor, the Member of Parliament mentioned that Mahatma Gandhi Economics, Geography, Commerce and Bachelors of Cooperative Management are being offered by the college. He mentioned that with changing local, nation and international scenarios regarding job opportunity and employability there is an urgent need to introduce some more courses which have high demand everywhere. He pointed out that introduction of these courses will not only provide more choices to students of North and Middle Andaman but also it will generate lots of jobs for unemployed youths of Andaman and Nicobar Islands.

See... Page No. 02



Island lady commits suicide at Coimbatore; investigation underway

:: AE Correspondent ::
Port Blair, Oct 21: In a shocking development today, Smt. M. Surthi D/o S. Mani, 25 years resident of Buniyadabad (opposite to community hall) committed suicide at Pollachi District of Tamilnadu. She was working in a private hotel at Valparai village in Pollachi District. Her body has been kept at Pollachi Govt. Hospital for handing over to family members and relatives. Father and Mother of Late M. Surthi are on the way to Pollachi and are expected to reach there by 11 PM of 21-10-2022.



ANTCC President demands Dialysis services at Nicobar hospital

Port Blair, Oct 21: ANTCC District. He said that the existing District hospital in Nicobar is a key priority to receive affordable multi-speciality care in their place of stay. As patients from Nicobar are making a lot of efforts in travelling to Port Blair for health care facility and other necessary medical treatments. He further mentioned that by providing Dialysis Services and Specialist Doctors at District Hospital of Nicobar could reduce the time bound for the Patients of Nicobar.

See... Page No. 02

Thomas care foundation extends supporting hand to TB patients

Port Blair, Oct 21: The "Thomas care Foundation" has extended a supporting hand to TB patients. In its endeavour to support needy, desperate and helpless people by providing basic essentials of life, today the foundation distributed Ration Kit

See... Page No. 02



Special drive by Food Safety dept

Port Blair, Oct 21: In the ensuing festive occasion, during which the demand for sweets, savouries, milk and milk products like khoya, paneer etc. increases across the country, in such scenario, the preventive actions, including carrying out special surveillance/enforcement drives by Food Safety Department is an effective tool to curb the malpractices while ensuring safety of such products. Accordingly, the officials of Food Safety Department conducted

See... Page No. 02



DC(SA) visits areas inhabited by Ranchiat Community in SA

Port Blair, Oct 21: The Deputy Commissioner, South Andaman, Mr. Suneel Anchipaka, along with Shri Dikhush Meena, IAS, Sub-Divisional Magistrate (SA), Smti Pramila Kumari, Adhyaksha, Zila Parishad, Tehsildar, Ferrargunj, Zila Parishad member, and concerned Gram Pradhan, ward members visited the areas predominantly inhabited by Ranchi community in Mithakhari, Namunaghar, Brindaban, Tushnabad Gram Panchayats. During the visit, the DC (SA) interacted with the

See... Page No. 02



CITU extends support to the ongoing indefinite protest demonstration of APWD workers

Port Blair, Oct 21: The Centre of Indian Trade Unions (CITU) extends full support to the ongoing indefinite mass demonstrations of APWD Workers from 19th October, 2022 under the banner of The Andaman Sarvajanik Nirman Vibagh Mazdoor Sangh (ASNVMS), affiliated to CITU, demanding implementation of High Court order on granting Pay, DA, bonus and regularization of services of DRMs. Despite the high court orders, the Andaman and Nicobar administration is not implementing the office

See... Page No. 02

PBGKR celebrates Diwali with specially abled kids, old age persons

Port Blair, Oct 21: Team PBGKR celebrated 2nd Diwali with Old Age Home, Specially Abled Kids and Children Home at Ferrargunj bringing smiles and happiness among all the residents of Abhoday Complex

See... Page No. 02



Opposition parties raises DBRAIT issue before CS

Port Blair, Oct 21: A delegation of Opposition Parties in the islands met the Chief Secretary, A & N Administration at his chamber (20.10.2022) evening and discussed with him the issues pertaining to the students of DBRAIT. The Chief Secretary informed the delegation the action taken by the

See... Page No. 02



Statue of N S Chandra Bozsse, Rabindranath Tagore, Swami Vivekananda garlanded

Billiground, October 21: Azad Hind Fauj or the India National Army (INA) was first established by Mohan Singh in 1942. It was revived by Netaji Subhas Chandra Bose on October 21, 1943, during the Second World War to secure India's complete independence from British Raj. 21st Oct 2022, is the foundation day of Azad Hind Fauj headed by Subhash Chandra Bose. The Gram

See... Page No. 02



Ex Chairperson & Public Representative K. Ganeshan turns 74

Series of events organized to mark his birth Anniversary

Port Blair, Oct 21: The 74th birthday of Mr. K Ganeshan, former Chairperson, PBMC was celebrated by various organizations like The first event of the day started with Cake cutting ceremony organised by Congress President PCC Andaman & Nicobar Island A special, short but delightful birthday function was organised by the members of Andaman Nicobar Territorial Committee. All the senior leaders of ANTCC, co-

See... Page No. 02



Take Suo Motu Action Against Hate Speech Crimes Without Waiting for Complaint: SC

Port Blair, Oct 21: Observing that "there cannot be fraternity unless different religious communities are available to live in harmony", the Supreme Court on Friday issued a set of interim directions in a plea to curb hate speeches in the country. A bench comprising Justices KM Joseph and Hrishikesh Roy directed the Governments of NCT of Delhi,

See... Page No. 02

Webinar on 'Corporate Social Responsibility and Rural Development' at JNRM

Port Blair, Oct 21: The Unnat Bharat Abhiyan (UBA) Cell, JNRM, in association with the National Institute of Rural Development and Panchayatiraj (NIRDPR), North Eastern Regional Centre (NERC), Guwahati, Ministry of Rural Development, Govt. of India organised a webinar on Corporate Social Responsibility and Rural Development on 21st October 2022. During the inauguration the Chief Guest Dr.R. Murugesan, Director (NIRD & PR-NERC) has informed the gathering that rural India lives in villages by depending on agriculture and allied activities as their livelihood. The various income generating activities are being

See... Page No. 02



EDITORIAL

The Andaman EXPRESS

22 October 2022

London lesson

The key takeaway from the chaotic and short-lived premiership of the UK's Liz Truss also has wide global applicability – in a globalised world with vast financial markets, political legitimacy and ability to govern are intertwined with economic and financial credibility. The policy credibility crisis arising from an economic plan that was out of sync with fiscal reality snowballed into political crisis. Britain is in the grip of stagflation, a combination of high inflation and collapsing economic growth. Markets and the country needed prudence first, some plans to cut spending next and smart policy tweaks for growth third. They got a mad mix of unfunded tax cuts and a discredited growth model. That even the complete reversal of those policies didn't save Truss shows how deeply policy mistakes can cut politically.

Every government must conclude that there is a price to be paid for reckless fiscal – as well as monetary – policies. Western countries have been merrily borrowing and, until recently, cutting rates for years. Britain is a warning to them that being developed economies doesn't mean you will never face a crisis. The only partial exception is the US, because the dollar is the global reserve currency. And if advanced economies such as the UK and Italy are struggling to cope with poor economic policies, the consequences are worse for those emerging markets that believe that they can spend their way to economic growth. Crisis after crisis have proved otherwise. It also serves as a lesson for India where economic populism has gained traction.

The UK's predicament should make us pause and rethink populism. Two decades ago, with memories of the 1991 balance of payments crisis still fresh, there was political consensus to legislate fiscal safeguards through the FRBM Act. Over time, this consensus has broken down and FRBM has been diluted. Economic crises always engulf the political system and widen social fault lines. If India needs to avoid these crises, it needs durable economic growth. That won't come through fiscal populism. Growth needs an environment of macroeconomic stability. That's why India's politicians need to rediscover the spirit that catalysed a grand bargain for the greater common good. The clock's ticking.

Special drive by...

special drives in the last few days in South Andaman District. As a part of these drive samples of sweets, savouries, milk and milk products etc. were collected from various manufacturers/bake houses and sweet stalls for its analysis through FSSAI notified laboratories. Further, strict vigil is being kept on the manufacturing and sale of sweets, savouries and milk products during the on-going festive occasion. The

from... Page 01

Commissioner Food Safety, A&N Islands/Dy. Commissioner, South Andaman District has requested all the FBOs to refrain from using any chemicals or preservatives in food items which are not permitted under the Act. The general public is also requested to may pass information or lodge complaints or grievance on toll free No. 1077 or 03192-236168, 03192-236112. - Source : FSD

Last date for IGNOU...

offline admission contact IGNOU Regional Centre, Port Blair over Phone: 03192-242888, 03192-230111 or Email: rcpportblair@ignou.ac.in. A communication from the Regional Director, IGNOU Regional Centre, Port Blair said.

from... Page 01

PBGKR celebrates Diwali...

at Ferrargunj which has Old Age Home, Divyang Home and Children Home. Team Port Blair Guru Ki Raso's 2nd year Diwali celebration with the residents of Abbhudaya Complex, Ferrargunj. Sweets and Crackers were distributed among the kids and diya with sweets to elderly to spread joy and happiness. Diwali

embarks The festival of win against evil and by lighting diya and spreading light to kill darkness. Mandeep Grewal, President, PBGKR said 'We are blessed and super happy to celebrate Diwali for the second year in a row at Ferrargunj and we only wish to do so as long as possible.

from... Page 01

Statue of N S Chandra...

Panchayat Harinagar grace the day by garland to the statue of Netaji Subhash Chandra Bose, along with the statue of Rabindranath Tagore and Swami Vivekanand. The occasion was observed in the presence of ZPM, Shri Sankar Mondal, PSM Shri Dilip Kumar Das. Up-pradhan, Smt Mamata Biswas, PRI members, Villagers and the

Panchayat staffs of GP Harinagar. Hence, every year on 21 October, the anniversary of the formation of Azad Hind Government is celebrated across the country. On this day, India's first independent provisional government named Azad Hind Government was announced. (Reporter: Gurudas Biswas)

from... Page 01

Webinar on 'Corporate...

carried out by them with the assistance of schemes like Aajeevika for sustainable livelihood development, he added. Dr. Murugesan has further underscored the concept of CSR and its process, steps in developing a CSR Strategy. Through Public Private Partnership (PPP) mode especially with the support of CSR the Atmanirbhar Bharat activities could be accelerated in collaboration with Panchayat Raj

Institutions, he added. Dr.H.K.Sharma, Principal, JNRM, spoke on the importance of rural development and community partnerships through HEIs. Dr. K.Venkatesan, HOD, Home science and Coordinator of this programme spoke about the Institute Social Responsibility through Unnat Bharat Abhiyan (UBA) and adoption of villages. Altogether 100 students and faculty members attended this webinar. (Source: JNRM)

from... Page 01

ELON MUSK PLANS TO CUT 75% OF TWITTER WORKFORCE: REPORT

Elon Musk plans to lay off most of Twitter's workforce if and when he becomes owner of the social media company, according to a report by The Washington Post.

Musk has told prospective investors in his Twitter purchase that he plans to cut nearly 75 per cent of Twitter's employee base of 7,500 workers, leaving the

company with a skeleton crew, according to the report published on Thursday. The newspaper cited documents and unnamed sources familiar with the deliberations.



San Francisco-based Twitter and a representative for Musk attorney Alex Spiro did not immediately respond to messages seeking comment.

While job cuts have been expected regardless of the sale, the magnitude of Musk's planned cuts are far more extreme than anything Twitter had planned. Musk himself has alluded to the need to cull some of the company's staff in the past, but he hadn't given a specific number at least not publicly.

"A 75 per cent headcount cut would indicate, at least out of the gates, stronger free cash flow and profitability, which would be attractive to investors looking to get in on the deal," said Wedbush analyst Dan Ives. That said, you can't cut your way to growth."

Ives added that such a drastic reduction in Twitter's workforce would likely set the company back

years.

Already, experts, nonprofits and even Twitter's own staff have warned that pulling back investments on content moderation and data security could hurt Twitter and its users.

With as drastic a reduction as Musk may be planning, the platform could quickly become overrun with harmful content and spam the latter of which the Tesla CEO himself has said he'll address if he becomes owner of the company.

After his initial USD 44 billion bid in April to buy Twitter, Musk backed out of the deal, contending Twitter misrepresented the number of fake spam bot accounts on its platform. Twitter sued, and a Delaware judge has given both sides until October 28 to work out details. Otherwise, there will be a trial in November.

- Source : Theweek

Take Suo Motu Action...

Uttarakhand and Uttar Pradesh to file a report before the Court regarding the actions taken on the hate speech crimes which happened within their jurisdiction. Importantly, the Court directed that these Governments should take suo motu action against hate speech crime, without waiting for any complaint. Cases should be suo motu registered

and the offenders should be proceeded against in accordance with law. The action should be taken regardless of the religion of the speaker. Any hesitation to act as per the directions would be viewed as contempt of court, the Court warned. A bench comprising Justices KM Joseph and Hrishikesh Roy was hearing a petition seeking urgent intervention

from... Page 01

to stop the "growing menace of targeting and terrorizing the Muslim Community in India". Noting that the complainant raised that the authorities are not taking action against hate crimes was serious, the bench issued notice on the petition. The bench said that the complainant's petition relates to the "prevailing climate of hate in the country" and total inaction of the authorities.

Opposition...

A & N Administration to resolve the issue of DBRAIT students. The Chief Secretary informed the leaders of the opposition parties that the Administration with the intention to help the students had taken up the issues with the Pondicherry University. The delegation urged the Chief Secretary to take all possible measures to end the deadlock in the DBRAIT so that the students

can appear at the examinations. The Chief Secretary has assured the delegation that the Administration will continue to pursue the issues pertaining to the students admitted in the B.Tech courses during the year 2020 and 2021 and Lateral Entry students with the Pondicherry University. The delegation consisted of Shri Rangalal Halder, President, PCC, Shri G. Bhaskar,

from... Page 01

Chairman, Congress Campaign Committee, Shri D. Ayyappan, Secretary, CPI (M) A & N State Organising Committee, Shri AL Kulandai, State Organiser, DMK, Shri Manikya Rao, President, Telugu Desam, A&N Islands, Shri Bijj George, General Secretary, TDP and Smt Minoti Biswas of A&N Democratic Congress & Ex-Adhyaksha, Zilla Parishad. - Source : DBRAIT

Traffic Police initiates one side parking in city

Port Blair, Oct 21: It is hereby informed to all general public that large number of vehicles are found parked in a haphazard manner alongside

the following stretches of Aberdeen Bazaar market which creates hindrance to the free flow of vehicular traffic. In order to avoid traffic congestion, A&N

Traffic Police has initiated one side parking at below mentioned stretches on a trial basis for smooth flow of vehicular traffic.

1	Ganesh Temple to Gymkhana Crossing	1. Left side parking for two wheelers from Lucknow textile to Mohan Ford showroom 2. Left side parking for four wheelers from Mohan Ford Showroom to KK Thevar Pan shop 3. Left side No parking for all types of vehicles from KK Thevar Pan shop to Gymkhana Crossing
2	Gymkhana Crossing to Hanuman Temple	1. Left side parking for two wheelers from Shyam N Shyam to IDBI Bank 2. Left side parking for four wheelers from IDBI Bank to Safa Electronics Store 3. Left side parking for two wheelers from Safa Electronics to Hanuman Temple 4. No parking for all types of vehicles from the side of LG Showroom to TSG, Ganesh Temple

A&N Traffic Police strives to make the roads safe and secure for road users. Hence, all the general public are hereby advised to cooperate with the Traffic Police to make the trial successful. - Source : ANP

LG grants relaxation of upper age limit for Group B(Non-Gazetted) posts

Port Blair, Oct. 21: The direct recruitments proposed to be conducted by various Departments of Andaman and Nicobar Administration could not be conducted in the recent past due to COVID-19 pandemic. In the meantime, many aspiring candidates have become over aged and they could not apply for direct recruitments notified and to be notified in near future. Hence, there have been requests from various quarters to relax the upper age limit for direct recruitments notified and to be

notified in near future by the various Departments. After careful consideration of the requests, the Hon'ble Lieutenant Governor, UT Andaman and Nicobar Islands has granted relaxation of upper age limit by two years over and above the upper age limit prescribed in the relevant Recruitment Rules, as a onetime measure, for the direct recruitment of all the Group 'B' (Non Gazetted) posts to be notified by the Departments concerned. The relaxation shall be applicable for the first

direct recruitment to be made for each cadre by the Departments concerned after issue of the order or it will be in force until 31.12.2023, whichever is earlier. The Departments have to follow the other conditions prescribed by the Finance Department before notifying the vacancies with the onetime relaxation. The age relaxation available to various categories shall also be applicable over and above the relaxation now given.

- Source : IP&T

DC(SA) visits areas...

raised during the interaction were frequent power cuts, irregular distribution of LPG cylinders, water supply, construction/repair/maintenance of roads etc. In Mithkhari GP, the people raised the issue of electricity cut due to which activities of people were affected badly. The residents further requested for set apart of land for playground and PHC, separate Power sub-station, separate feeder for the Gram Panchayat and shifting of one of the transformer from Surya Chakra. Regarding the issue of irregular supply of LPG cylinders DC (SA) directed the concerned distributor to prepare monthly schedule for LPG cylinder distribution and strictly adhere to the schedule. The Tehsildar, Ferrargunj and the area Patwari were also directed to handover the unutilized old building constructed under MPLAD fund to the Gram Panchayat so that it can be used for multipurpose activities. It was informed that the road work towards Boating house and Boating house complex will

be undertaken by Zilla Parishad, South Andaman for which estimate has been prepared already. In Namunaghar Gram Panchayat, Ranchi Community people requested for Primary School renovation including compound wall construction, and set apart land for development of Mini Stadium. Officials were requested for maintenance of Streetlight and water pipeline and it was informed that the construction of road under Special Financial Assistance has been proposed. The Ranchi community people requested to cover them under PMAY scheme as they were settled there by APWD and have been living for 70 years without patas. In Brindaban Gram Panchayat, upon the request of Ranchi community members, DC (SA) directed Tehsildar, Ferrargunj to submit proposal along with public for set apart of land for Bus stand development. It was further informed that the maintenance work of road from Shaitan Khari to Ferrargunj will be taken up by APWD. In Tushnabad

from... Page 01

Gram Panchayat, the Ranchi community members requested for renovation of Community Hall and set apart of land for construction of Anganwadi building and road connectivity through GPDP works. The DC (SA) requested the Gram Panchayat to submit the estimates for the renovation of the community hall and further concerned officials were requested for proper repair and maintenance of water pipeline and street lights. The Ranchi community expressed their gratitude towards the District Administration for the special focus given to all the above mentioned areas during COVID times. The DC (SA) motivated the Ranchi community members that the District Administration is committed for the welfare and overall development of South Andaman District and the District Administration requests the public to come forward with genuine issues related to development of their area.

- Source : DC SA

Commuters grouse...

facing untold hardship during travel in this vessel. Commuter complaints that the boat journey time is scheduled as per the convenience of the canteen service. In order to ensure that maximum passengers avail meals offered in the private canteen, the travel timing of MV Dering is arranged as per their wish. The sailing timing is managed in such a manner that passengers are indirectly forced to have three time meals in the boat on payment basis. MV Dering departs Port

Blair at 5-6 pm in the evening and reaches Diglipur at about 1-2 pm via Mayabunder. As a matter of fact, the ship has to reach Diglipur early morning but just because breakfast lunch are to be served to the passengers, the timing of berthing is done after 1.00 pm in the afternoon. In the same manner, in the return journey, the same tactics are adopted. Besides, due to limited cabins, most of the passengers have to travel for over 24 hours seated as the ships only have sitting

seats. Passengers have to face a lot of difficulties travelling 24 hours with only seating. Even for such long distance travel, no arrangements are made so that passengers can get some rest and complete their travel by sleeping. Passengers are actually treated like animals. The Shipping department should promptly act on the complaints of the passengers and provide ships with basic amenities, including seating which can become beds during night, said a passenger.

from... Page 01

CITU extends support...

memorandum of 1988 issued by Govt. of India granting 1/30th of pay and DA to the daily rated workers, even after the favorable orders from High Court, the daily rated APWD workers are not being paid the bonus. The contempt petition against the officers of the administration including Chief Engineer is pending in the High Court for their failure to implement the High Court Order. On 19th October,

2022, APWD Workers has staged territory wide mass demonstrations, at Port Blair, hundreds of workers assembled in front of the chief Engineer's office and held protest demonstrations, the mass demonstrations will continue till the demands are met. CITU fully support the demands of APWD workers and demands upon the UT labour department and administration to resolve the

legitimate demands of the workers, CITU also demands fixing of accountability of the UT Govt, Chief Engineer and other officials who deliberately disobeyed the High Court orders. CITU, while conveying solidarity to the struggling workers congratulates the union and the mass of APWD workers for their indefinite protest demonstrations on their legitimate and just demands. - Source : CITU

from... Page 01

Condolence Message

Port Blair, Oct 21: ANTCC President Shri. Rangalal Halder, Chairman- Campaign Committee ANTCC Shri. TSG Bhaskar and K. Ganeshan Spoke Person & the entire family of Congress Party mourn the sudden demise of Smt. Kanti Devi R/o Junglighat on 21st Oct 2022. She was a very dedicated Congress Leader and was involved with the Mahila Congress and held various portfolios in the Congress. We have lost a very good Human Being and a dedicated Worker. They felt any conveys their heartfelt condolences and pray to give strength to the bereaved Family Members.



AIIMS Bilaspur Recruitment 2022 | 80+ Professor & Asst Professor | Apply Online

AIIMS Bilaspur Recruitment 2022 | 89 Professor, Associate & Asst Professor | Last date 30.11.2022 | Apply Online @ aiimsbilaspur.edu.in

AIIMS Bilaspur Recruitment 2022 : All India Institute of Medical Sciences (AIIMS), Bilaspur has explored recruitment notification forms from eligible aspirants to apply for professor posts. As per the AIIMS advertisement 2022, Eligible and willing applicants can apply for professor, Associate & Asst Professor posts. This job perfectly suits for Masters Degree in relevant field candidates. Future passionate professors can apply through the online or offline modes. Selected aspirants will be appointed at Bilaspur – Himachal Pradesh region. There are a total of 89 chairs allocated by AIIMS Bilaspur. Applicants who are seeking for Himachal jobs, Can use this golden opportunity. The last date for submission of online application is 30.11.2022 and the hard copy of the application form must reach on or before 07.12.2022.

Aspirants are surely appointed based on the written test and interview test. The online application fee Rs:1000 for SC/ST category candidates. General candidates should pay Rs: 2000 for online application and there is no application fee mentioned for pwd candidates. Filtered and knowledgeable candidates will get a salary of Rs: 1,88,000 to 2,20,000 per month. Age limit and relaxation are given below in this page. The final date for submission of online application starts from 08.10.2022 to 30.11.2022 and the last date for submission of hard copy on or before 07.12.2022. If you want more information, gather through the official website @ www.aiimsbilaspur.edu.in.

Application fee
SC/ST category candidates should pay Rs:1000 for online application fee
Online application fee Rs: 2000 for general category candidates.
There is no online application fee for PwBD candidates.
For any doubt visit the official notification.
Apply Online AIIMS Bilaspur Recruitment 2022:
Candidates can go to the official website www.aiimsbilaspur.edu.in.
Go to the recruitment page and find the advertisement name "Advertisement for recruitment to posts of faculty (Group-A) on direct Recruitment/Deputation/Contractual basis in various departments of AIIMS BILASPUR".

Aspirants should read the official notice carefully, find the Google form online link. Applicants choose your favorite posts and click to register with required details. You can login with username and password.

Now you have to enter your Education Qualification, MD in Medicine Document, Photo and Signature.

Candidates should submit the online application on or before 31.11.2022. Make a application fee payment via NFET mode only and the bank details are provided above.

Finally aspirants should have to download the soft copy of AIIMS application form and fill up to send a post by the given address in above this page on or before 07.12.2022

CISF ASI Stenographer Salary 2022 (NEW), Check CISF ASI Salary Details

CISF ASI Stenographer Salary 2022 (NEW) | ASI Stenographer & HC Ministerial | Check CISF ASI Salary/ CISF Salary @ www.cisfgov.in

CISF ASI Stenographer Salary 2022: Central Industrial Security Force has recently issued notification for recruitment of ASI Stenographer and Head Constable (Ministerial). Now, CISF ASI application form is live from 26.09.2022-25.10.2022. Before applying for the jobs, most of the candidates have the questions like CISF ASI Selection Process/ CISF ASI Eligibility/ CISF ASI Steno Salary. For the questions, we are providing details about CISF Salary for ASI and HC. Candidates can refer CISF official notification for more details about extra allowances and other details.

Candidates can refer this article for CISF ASI Stenographer vacancy details and eligibility conditions. CISF is going to recruit 122 ASI in the pay level of 5 and 418 Head Constable in the pay level 4. Candidates must have intermediate or Senior Secondary School Certificate (10+) Examination. Selected candidates will be provided usual allowances as admissible to the Central Government employees from time to time. The posts are temporary but likely to become permanent. Check the below steps to get details of ASI Steno Salary/ CISF Salary. Candidates looking for upcoming announcements from CISF may keep refer our site.

Candidates may refer www.cisfgov.in recruitment page for more details & upcoming notifications. Aspirants looking for more updates from other organizations may refer our daily recruitment site.

CPCB Recruitment 2022, Apply SSA & Other Vacancies

CPCB Recruitment 2022 | Senior Scientific Assistant & Other Posts | Total Vacancies 14 | Last Date 17.10.2022 | Download CPCB Recruitment Notification @ www.cpcb.nic.in

CPCB Recruitment 2022: New job notification [Advt. No. 01/Dep./2022-Admin. (R)] has been published @ www.cpcb.nic.in on 19.09.2022. Applications are invited by Central Pollution Control Board for the post of Senior Administrative Officer, Law Officer, Senior Scientific Assistant & Private Secretary on deputation basis. As per the CPCB recruitment notification, there are 14 vacancies to be filled by CPCB and post wise vacancy details are given below. Aspirants who are seeking central Govt jobs in Delhi those candidates kindly submit the application form to given address on or before 17.10.2022 CPCB recruitment process will be based on Test/Interview. Selected candidates will be appointed at anywhere in India. CPCB Recruitment notification & CPCB recruitment application form is available @ CPCB careers (www.cpcb.nic.in). Incomplete applications will not be considered. The name of the post must be super scribed on the envelope. Before apply to these openings candidates must check their eligibility i.e. educational qualification, age limit, experience and etc. More details of CPCB Latest vacancy, upcoming CPCB Delhi jobs notices, syllabus, answer key, merit list, selection list, admit card, result, upcoming notifications and etc. will be uploaded on official website.

PFRDA Recruitment 2022 (New), Apply for Officer Grade A Vacancies

PFRDA Recruitment 2022 | Officer Posts | Total Vacancies 22 | Last Date 07.10.2022 | Download PFRDA Assistant Manager Notification @ www.pfrda.org.in

PFRDA Recruitment 2022: Pension Fund Regulatory and Development Authority has announced new employment notice [Advt. no. 02/2022] on 09.09.2022 for appointment of Officer Grade 'A' (Assistant Manager) in General, Finance & Accounts, Information Technology, Research (Economics), Legal and Official Language (Rajbhasha) Streams. As per the PFRDA Recruitment Notification, it is going to start the online process from 15.09.2022 and online process will be ended on 07.10.2022. Applicants who are searching jobs in central govt those candidates kindly use this PFRDA Jobs 2022. There are 22 vacancies will be assigned for PFRDA Officer Grade A Vacancy.

PFRDA selection will be based on Phase I Online Exam, Phase II Online Exam & Phase III (Interview) and shortlisted candidates will be appointed at anywhere in India. PFRDA will arrange pre-examination training for SC/ ST/PwBD/ OBC/EWS candidates, free of cost at New Delhi. Candidates, who desire to avail of the training, may apply separately by email at recruitment@pfrda.org.in on or before 07.10.2022. PFRDA Assistant Manager recruitment notification & PFRDA officer jobs apply online link is available @ www.pfrda.org.in. Candidates who are looking for Engineering Jobs must check their eligibility i.e. educational qualification, age limit, experience and etc. More details of PFRDA Latest vacancy, upcoming notices, syllabus, answer key, merit list, selection list, admit card, result, upcoming notifications and etc. will be uploaded on official website.

How to apply PFRDA Recruitment 2022 Notification
Go to official website pfrda.org.in.
Find the advertisement, click on the advertisement
Notification will open read it and check Eligibility.
Back to the page, click "Apply Online – Recruitment of Officer Grade A (Assistant Manager) 2021".

Click on the Preview Tab to preview and verify the entire application form before "COMPLETE REGISTRATION"

Click on "PAYMENT" Tab and proceed for payment
Finally click submit button and take the print of the application form..

Candidate who is eligible and desires to apply for the above post should submit an Online application with requisite fee. Here you will get information of Officer Posts like educational qualification, age limit, application mode, fee and how to apply. Keep check www.dailyrecruitmentin regularly to get latest updates.

EXIM Bank Recruitment 2022, Apply 45 MT & Other Vacancies

EXIM Bank Recruitment 2022 | Management Trainee & Manager Posts | Total Vacancies 45 | Last Date 04.11.2022 | Download Exim Bank Notification @ www.eximbankindia.in

EXIM Bank Recruitment 2022: Export-Import Bank of India invites online application from eligible candidates for special recruitment drive for Scheduled Castes / Scheduled Tribes / Other Backward Classes (Non-Creamy Layer) for following posts like Management Trainee & Manager posts. As per the notification [ADVERTISEMENT NO: HRM/MT/ SRD/2022-23/01], there are 45 vacancies to be filled by EXIM Bank and post wise vacancy details are clearly given below. Applicants who are looking for Bank Jobs kindly submit your online application from 14.10.2022. The last date for submission of online application is 04.11.2022.

EXIM Bank MT Recruitment Notification & Exim Bank Recruitment apply online link is available @ www.eximbankindia.in. Candidates who are searching Engineering Jobs must check their eligibility i.e. educational qualification, age limit, experience and etc. Selection will be done on the basis of online test & personal interview and shortlisted aspirants will be appointed at various location. More details of www.eximbankindia.in recruitment, EXIM bank vacancy, upcoming notices, syllabus, answer key, merit list, selection list, admit card, result, upcoming notifications and etc. will be uploaded on official website.

How to fill up EXIM Bank Jobs Online Application
Go to official website eximbankindia.in
Click "Career" find the advertisement "Recruitment of Management Trainees & Special Recruitment Drive for Scheduled Castes / Scheduled Tribes / Other Backward Classes (Non-Creamy Layer)", click on the advertisement
Back to the page click "Apply Now"

If you are new user, you have to make registration otherwise you may login to your account then start to apply.

Enter your details correctly and make the payment
Finally click submit button and take the print of the application form.

You may visit Career page to get more details about this recruitment. Here you will get information like educational qualification, age limit, application mode, fee and how to apply. Keep check www.dailyrecruitmentin regularly to get latest updates & upcoming govt exams.

K.R.G. Kalai Kaveri School

BUNIYADABAD Reg. No. 1230/2005

Post Box No. 167,
Port Blair - 744 102



Cell : 9933264193 / 9933211555

Hindustan Copper Recruitment 2022, Apply for 80+ GET Vacancies

Hindustan Copper Recruitment 2022 | Role Name: Graduate Engineer Trainee | Total Post: 84 | Closing Date: 31-10-2022 | Download HCL Recruitment Notification at www.hindustancopper.com

Hindustan Copper Recruitment 2022: Hindustan Copper Limited has initiated the notification for engagement as Graduate Engineer Trainee (GET) through Gate score from eligible candidates. Indian Nationals are eligible for this HCL Graduate Engineer Trainee Vacancies. 84 vacancies are available for HCL Graduate Engineer Trainee recruitment and these vacancies will be allocated for Mining, Survey, Geology, Concentrator, Electrical, Civil, Mechanical, Instrumentation and system. Hindustan copper GET online recruitment application will be live on 10 October 2022 at 10.00 AM onwards. The closing date for accepting of online application form is 31-10-2022. Interested and eligible candidates should submit the online application form as soon as possible. Candidates who want to join in Central Government jobs must check the eligibility conditions and then apply online.

Applicants should hold a valid email id and mobile number. Candidates should be active the current email and mobile number till the declaration of results process. During the personal interview, applicants are requested to submit the original documents along with self-attested copies and hard copy of online application forms. Successful aspirants will have to serve in Anywhere in India / Abroad. Candidates who are submit erroneous application form will not be accepted and straightway to rejected at any time of recruitment process. Upon successfully submitting the online application candidates should take print out of computer generated application and acknowledgement slip for future correspondence. For further announcements and future correspondence will be provided on official website only.

Refer our daily recruitment site regularly to get latest updates and upcoming job notification etc. Further information regarding Hindustan Copper Recruitment jobs like age limit, educational qualification, selection process etc provided above.

NALCO Recruitment 2022, Apply Civil Engineers & Other Posts

NALCO Recruitment 2022 | Civil Engineers & Other Posts | Total Vacancies 19 | Last Date 31.10.2022 | Download NALCO India Recruitment Notification @ www.nalcoindia.com

NALCO Recruitment 2022: National Aluminium Company Limited has issued new job notice [Advt No: NF012022] on 06.10.2022 for appointment of Chief Operating Officer, Chief Financial Officer, Project Manager, Assistant Project Manager, Civil Engineers & Mobile Health Unit (Coordinator) / CSR Field Coordinator posts. It invites offline application from eligible candidates to fill up 19 vacancies. There are 19 candidates will be hired for NALCO Vacancy and post wise vacancy details are given below. Candidates who are seeking central govt jobs kindly submit your applications on or before 31.10.2022

The engagement is purely temporary in nature and on tenure basis initially for a period of 3 (Three) years. NALCO India selection will be based on Written Test/ Interview/ Group Discussion and shortlisted aspirants will be posted at Odisha/ any locations. NALCO Recruitment 2022 Notification & NALCO India Application Form is available @ www.nalcoindia.com. Candidates who are searching Engineering Jobs must check their eligibility i.e. educational qualification, age limit, experience and etc. More details of www.nalcoindia.com recruitment, NALCO new vacancy, upcoming notices, syllabus, answer key, merit list, selection list, admit card, result, upcoming central govt jobs notifications and etc. will be uploaded on official website.

How to apply National Aluminium Company Limited Recruitment 2022
Go to official website nalcoindia.com
Click "Career" find the advertisement "NALCO Foundation is looking for COO, CFO, Project Managers, Asst Project Managers, Mobile Health Unit Coordinators/CSR Field Coordinators & Civil Engineers (application may be sent in physical mode only).", click on the advertisement

Notification will open read it and check Eligibility.
Download the application form from notification, then fill up the form correctly
You may visit Career page to get more details about www.nalcoindia.com recruitment. Here you will get information like educational qualification, age limit, application mode, fee and how to apply. Keep check www.dailyrecruitmentin regularly to get latest updates & upcoming govt exams.

ICSI Recruitment 2022, Apply for 40 CRC Executives

ICSI Recruitment 2022 | CRC Executives post | Vacancies 40 | Last Date 27.10.2022 | Apply Online for ICSI Jobs @ www.icsi.edu

ICSI Recruitment 2022: The Institute of Company Secretaries of India invites application from eligible candidates for the post of CRC Executives. Candidates those who satisfies the eligibility norms defined by ICSI may proceed for online registration. Online application link has enabled from 13.10.2022. There are 40 vacancies to be filled for the post. The last date for the submission of online application form is 27.10.2022. Aspirants looking for Central government jobs may use this opportunity of Company Secretaries of India recruitment.

ICSI is going to fill CRC Executives on contract basis at Manesar. Duration of contract will be for one year & it may be extended for two years based on performance and requirement. Candidates are advised to read ICSI notification carefully before proceeding to apply online. ICSI recruitment notification can be downloaded @ www.icsi.edu. Selected candidates shall undergo an orientation programme. Selected candidates will be posted at Central Registration Centre, Corporate Bhawan, ICA, Manesar, Haryana. Candidates should have valid Email address and it should be kept active until the completion of selection process.

Candidates may refer www.icsi.edu recruitment page for upcoming job notifications. Aspirants looking for more job notifications, results, admit cards, etc. may refer our daily recruitment site.

All types of **MULTI COLOR** Printing Works under one roof...

- * Letter Head
- * Pamphlets
- * Visiting Card
- * Invitations
- * News Paper
- * Calendar
- * Booklets
- * Brochures

KRG Publication Pvt., Ltd. Buniyadabad - Port Blair. Cell : 9434288898 / 9933264193

IN CONVERSATION

LESS THAN 5 HOURS OF NIGHT SLEEP LINKED TO RISK OF CHRONIC DISEASES: UK STUDY

Sleeping for less than five hours in mid-to-late life is associated with the risk of developing at least two chronic diseases, a UK study has found.

Researchers from the University College London (UCL) in the UK found that people who reported getting five hours of sleep or less at age 50 were 20 per cent more likely to be diagnosed with a chronic disease.

They were also 40 per cent more likely to be diagnosed with two or more chronic diseases over a follow-up period of 25 years, compared to those who slept for up to seven hours.

The study, published in the journal PLOS Medicine, also found that sleeping for five hours or less at the age of 50, 60, and 70 was linked to a 30 per cent to 40 per cent increased risk of multimorbidity, or being diagnosed with two or more chronic diseases, when compared with those who slept for up to seven hours.

"Multimorbidity is on the rise in high income countries and more than half of older adults now have at least two chronic diseases," said study lead author, Severine Sabia. "This is proving to be a major challenge for public health, as multimorbidity is associated with high healthcare service use, hospitalisations and disability," Sabia said. The researchers also found that sleep duration of five hours or less at age 50 was associated with 25 per cent increased risk of mortality over the follow-up period.

This can mainly be explained by the fact that short sleep duration increases the risk of chronic diseases that in turn increase the risk of death, they said.

"As people get older, their sleep habits and sleep structure change. However, it is recommended to sleep for 7 to 8 hours a night - as sleep durations above or below this have previously been associated with individual chronic diseases," said Sabia.

The researchers examined the relationship between how long each participant slept for, mortality and whether they were multimorbid such as with heart

duration is also associated with multimorbidity. To ensure a better nights sleep, it is important to promote good sleep hygiene, such as making sure the bedroom is quiet, dark and a comfortable temperature before sleeping.

"It is also advised to remove electronic devices and avoid large meals before bedtime. Physical activity and exposure to light during the day might also promote good sleep," said Sabia.

As part of the study, researchers also assessed whether sleeping for a long duration, of nine hours or more, affected health outcomes. There was no clear association between long sleep durations at age 50 and multimorbidity in healthy people.

However, if a participant had already been diagnosed with a chronic condition, then long sleep duration was associated with around a 35 per cent increased risk of developing another illness.

Researchers believe this could be due to underlying health conditions impacting sleep. The researchers noted that because the data used for the study was self-reported by the participants, it was likely to be subject to reporting bias, even though the findings were confirmed through electronic measurements of the sleep of 4,000 participants.

The research only involved members of the civil service, who were all employed when recruited to the study and likely to be healthier than the general population, they added. - Source : Theweek



disease, cancer or diabetes over the course of 25 years.

The study analysed the impact of sleep duration on the health of more than 7,000 men and women at the ages of 50, 60 and 70, from the Whitehall II cohort study, which was conducted from 1985 to 1988 and examined the health of 10,308 civil servants aged 35 to 55, of whom two thirds were men and one third women.

"Our findings show that short sleep

Teacher recruitment scam: SC dismisses Manik Bhattacharya's plea against arrest

The Supreme Court on Thursday dismissed a plea by TMC MLA Manik Bhattacharya against his arrest by the Enforcement Directorate in connection with alleged irregularities in primary teacher recruitment in West Bengal.

A bench of justices Aniruddha Bose and Vikram Nath refused to interfere with the ED arrest and junked the plea filed by Bhattacharya. "The application is dismissed," the bench said.

The ED had arrested Bhattacharya on October 11 after night-long questioning in connection with the alleged irregularities in the recruitment of primary teachers. Bhattacharya, the former chairman of the West Bengal Board of Primary Education, was arrested for allegedly not cooperating with the investigation.

He is the MLA from the Palashipara assembly constituency in Nadia district.

The top court on October 18 had allowed the CBI to proceed with its investigation of the alleged irregularities in the appointment of primary teachers in West Bengal government-sponsored and aided schools.

It had agreed with the submission of Additional Solicitor General S V Raju, appearing on behalf of the CBI, that the agency is in the process of uncovering a recruitment scam of extraordinary dimension and the investigation at this stage prima facie reveals an exchange of monetary considerations for giving appointments.

"In our opinion, under normal circumstances, it would not be appropriate to straightaway direct CBI investigation in a recruitment-related controversy unless the allegations are so outrageous and the perpetrators of the alleged offences are so

powerful that investigation by the state police would be ineffectual."

"But considering the submission of counsel for the CBI and the fact that investigation by the said agency has substantially progressed, we do not want to stall such investigation at this stage and wait to see if the state police can carry on the same investigation impartially," it had said.

The top court had also stayed the order of the Calcutta High Court directing the annulment of the appointment of 269 candidates as teachers. It directed each of these 269 individuals to file affidavits to defend their appointment to the said posts and asked the appointing authority to examine the legality of their appointments.

A division bench of the Calcutta High Court had on September 2 upheld an order of its single bench that directed

the CBI to investigate the alleged irregularities in the appointment of primary teachers in West Bengal government-sponsored and -aided schools.

The high court had also refused to interfere with the order removing Bhattacharya from his official position.

The petitioners before the single bench alleged that although they appeared for the Teachers Eligibility Test (TET) -2014, no list containing the marks of candidates and indicating their respective merit positions was ever published and that an additional panel of 273 candidates was prepared "illegally", who was granted one additional mark out of over 20 lakh candidates who appeared for the test.

It was claimed that by dint of this one additional mark, 269 candidates got qualified for the job of teachers and subsequently got appointed.

- Source : Theweek



Thomas care foundation...

from... Page 01



State President BJP meets fire victims of Aerial Bay

Port Blair, Oct. 21: Shri Ajoy Bairagi, State President, BJP, A&N Islands, Met the victims along with the District leaders of Diglipur. After reaching there Shri Bairagi looked after the arrangements made for the affected Shop

keepers Shri Ajoy Bairagi along with District President, Diglipur along with all leaders elected representatives of Diglipur collected and distributed relief materials like Ration items, cash, clothes and many more essentials to the affected

people. Further after reaching Port Blair Shri Shri Ajoy Bairagi will meet the Chief Secretary, A&N Administration along with the shopkeepers who have lost everything in the tragic fire incident.

- Source : Media Cell, BJP



Public Grievance Cell, Delanipur. (Free Service) Advisor : K. Ganeshan
Time : 8.00 a.m. to 8.30 a.m. & 7.00 p.m. to 8.00 p.m. Phone : 03192 - 230442 / 9434280981
Email : andamanexpressportblair@gmail.com Facebook : ganeshan.khabren

Help us to help you

NOVEL CORONAVIRUS (COVID-19)

Protect yourself and others! Follow these Do's and Don'ts

Do's

- Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean.
- Cover your nose and mouth with handkerchief/tissue while sneezing and coughing.
- Throw used tissues into closed bins immediately after use.
- See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose.
- If you have these signs/symptoms please call State Helpline number or Ministry of Health & Family Welfare's 24x7 helpline at 011-23978046.
- Avoid participating in large gatherings.

Don'ts

- Have a close contact with anyone, if you're experiencing cough and fever.
- Touch your eyes, nose and mouth.
- Spit in public.

Together we can fight Coronavirus

For further information :
Call at Ministry of Health, Govt. of India's 24x7 control room number +91-11-2397 8046
Email at ncov2019@gmail.com